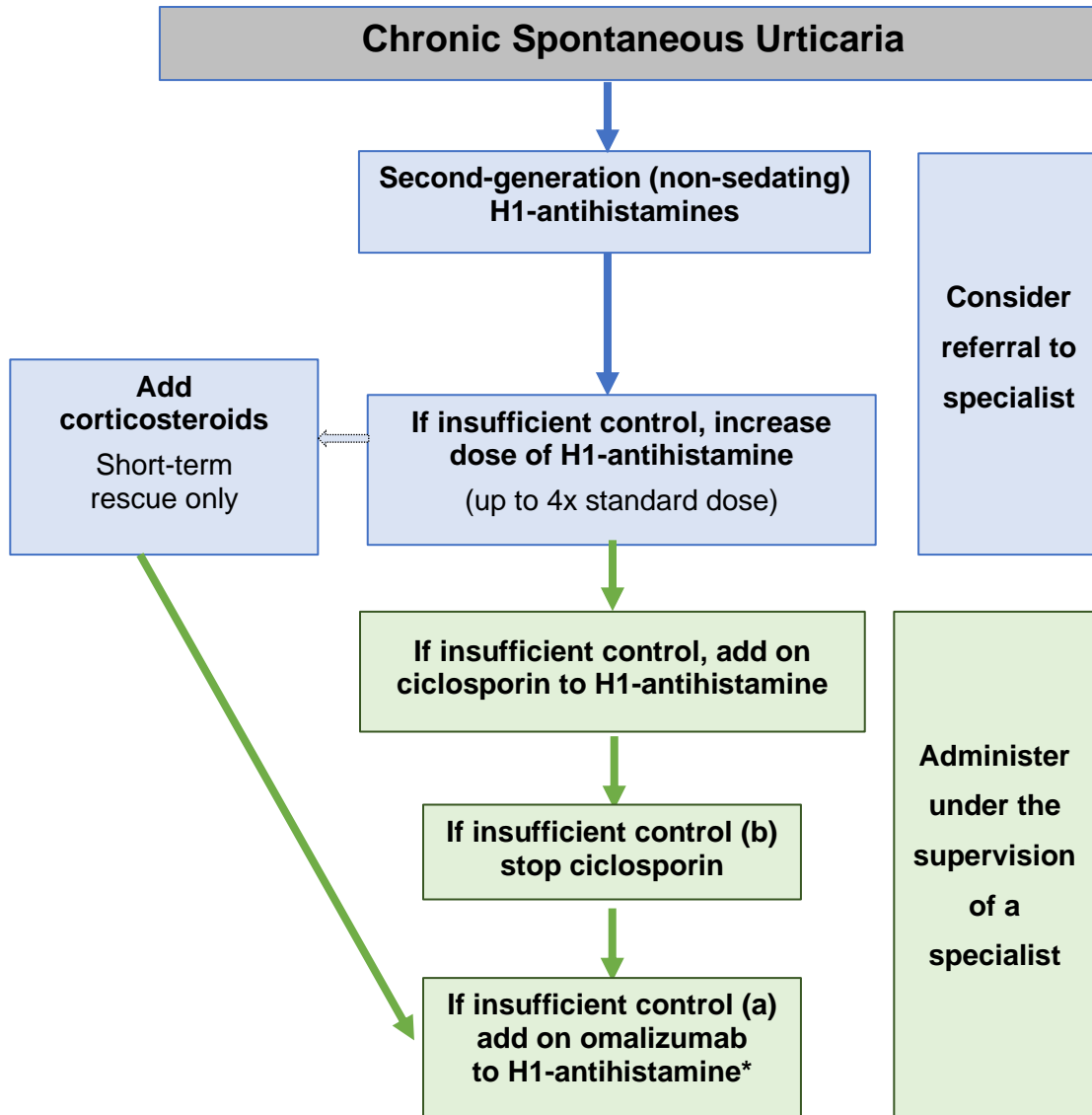




ASCIA treatment guideline for chronic spontaneous urticaria (New Zealand)

Referral to a specialist should be considered for patients treated according to the pathway shaded blue. Treatment in the pathway shaded green is only to be administered under the supervision of a specialist.



*Add on to antihistamines: In patients ≥ 12 years with a UAS7 ≥ 20 ; and a DLQI ≥ 10 ; or an UCT of ≤ 8 .

a. Patient has been taking high-dose antihistamines (e.g. 4 times standard dose) and at least 3 courses of systemic corticosteroids (>20 mg prednisone per day for at least 5 days) in the previous 6 months; OR the patient has developed significant adverse effects whilst on ciclosporin.

b. Patient has been taking high-dose antihistamines (e.g. four times standard dose) and ciclosporin (>3 mg/kg per day) for at least 6 weeks; OR the patient had developed significant adverse effects whilst on corticosteroids or ciclosporin.