

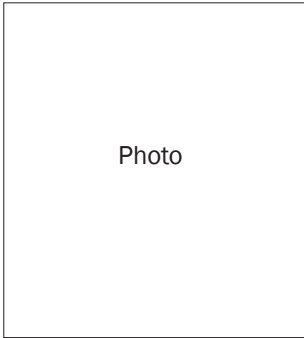
ACTION PLAN FOR Drug (Medication) Allergy



Patient details

Name: _____

Date of birth: _____



For details about drug allergies refer to the attached ASCIA Record for Drug (Medication) Allergy.

Family/emergency contact name(s): _____

Work Ph: _____

Mobile Ph: _____

Plan prepared by:

Doctor: _____

Signed: _____

Date: _____

Contact Ph: _____

Additional information:

(e.g. recent challenges)

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Hives or welts
- Sudden onset sneezing, rhinitis
- Tingling mouth
- Abdominal pain, vomiting

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- Stay with person and call for help
- Locate adrenaline (epinephrine) injector (if available)
- Give other medications (if prescribed) _____
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- **Difficult/noisy breathing**
- **Swelling of tongue**
- **Swelling/tightness in throat**
- **Wheeze or persistent cough**
- **Difficulty talking/hoarse voice**
- **Persistent dizziness or collapse**

ACTION FOR ANAPHYLAXIS

1 Lay person flat - do NOT allow them to stand or walk

- If unconscious, place in recovery position
- If breathing is difficult allow them to sit



2 Give adrenaline injector if available

3 Phone ambulance - 000 (AU) or 111 (NZ)

4 Phone family/emergency contact

5 Further adrenaline doses may be given if no response after 5 minutes

6 Transfer person to hospital for at least 4 hours of observation

If in doubt give adrenaline injector

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS give adrenaline injector FIRST, and then asthma reliever puffer if someone with known asthma and drug allergy has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

If an adrenaline injector is injected accidentally seek medical help and phone your local Poisons Information Centre.