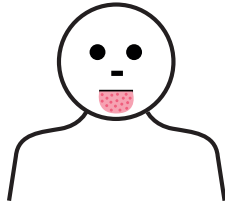


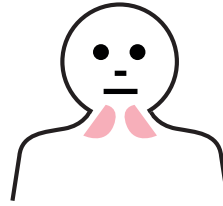
## SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTIONS)



Difficult or noisy breathing



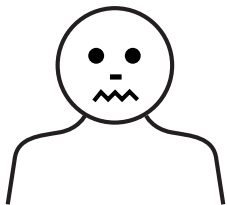
Swelling of tongue



Swelling or tightness in throat



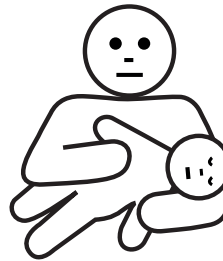
Wheeze or persistent cough



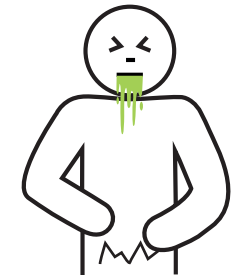
Difficulty talking or hoarse voice



Persistent dizziness or collapse



Pale and floppy (young children)

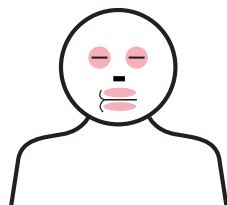


Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

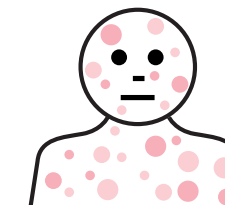
**It is important to watch for any one of the signs of anaphylaxis shown above. Follow the instructions on the ASCIA Action Plan for Anaphylaxis, or the ASCIA Action Plan for Allergic Reactions, or the ASCIA First Aid Plan for Anaphylaxis. Give an adrenaline (epinephrine) injector (if available) and call an ambulance.**

**A mild to moderate allergic reaction (see below) may occur before anaphylaxis.**

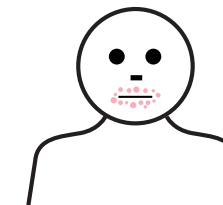
## SIGNS OF MILD TO MODERATE ALLERGIC REACTIONS



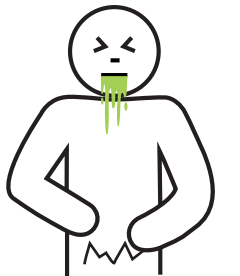
Swelling of lips, face, eyes



Hives or welts



Tingling mouth



Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

ASCIA anaphylaxis action plans, first aid plans, forms, checklists, adrenaline injector instructions, guidelines and translations are available on the ASCIA website [www.allergy.org.au/anaphylaxis](http://www.allergy.org.au/anaphylaxis)

ASCIA anaphylaxis e-training is available at [www.allergy.org.au/about-ascia/about-ascia-e-training](http://www.allergy.org.au/about-ascia/about-ascia-e-training)

An animation showing signs and symptoms of allergic reactions is available on the Allergy & Anaphylaxis Australia website <https://allergyfacts.org.au/allergy-anaphylaxis/signs-symptoms>