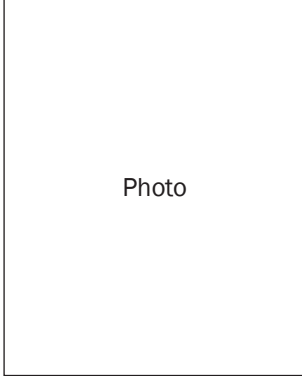


ACTION PLAN FOR FPIES

(Food Protein Induced Enterocolitis Syndrome)

Name: _____

Date of birth: _____



Confirmed triggers:

Family/emergency contact name(s):

1. _____

Mobile Ph: _____

2. _____

Mobile Ph: _____

Plan prepared by doctor or nurse practitioner.

Name: _____

Signed: _____

Date: _____

FPIES is a delayed gut allergic reaction, which presents with repeated and profuse vomiting that may not start for a few hours after a trigger food(s) is eaten.

Some people with FPIES may develop diarrhoea, lethargy, become pale, floppy and/or feel cold.

Adrenaline (epinephrine) injectors and antihistamines do not play a role in the management of FPIES.

MILD TO MODERATE SYMPTOMS

- Vomiting
- Diarrhoea

ACTION FOR MILD TO MODERATE SYMPTOMS

- Phone family/emergency contact
- Observe for progression

SEVERE SYMPTOMS

Any one of the following in addition to vomiting:

- Pale and floppy
- Cold to touch

ACTION FOR SEVERE SYMPTOMS

- 1 Phone ambulance: 000 (AU) or 111 (NZ)**
- 2 Phone family/emergency contact**

Some people with FPIES may also have a food allergy and be at risk of anaphylaxis to other foods. They will have a separate ASCIA Action Plan for Anaphylaxis for this food allergy.

Additional instructions: _____
