

Information

FOR PATIENTS AND CARERS



Adrenaline (Epinephrine) Devices - Fast Facts

This document has been developed by <u>ASCIA</u>, the peak professional body of clinical immunology/allergy specialists in Australia and New Zealand. ASCIA information is based on published literature and expert review, is not influenced by commercial organisations and is not intended to replace medical advice. For patient or carer support contact <u>Allergy & Anaphylaxis Australia</u> or <u>Allergy New Zealand</u>.

1. Adrenaline can save lives when used to treat anaphylaxis

ASCIA recommends adrenaline as the first line, emergency treatment for anaphylaxis (severe allergic reactions), using **either** of the two adrenaline device brands listed below, which are:

- PBS listed in Australia since 2003 (EpiPen® is Pharmac listed in New Zealand since 2023).
- Widely used in other countries.

| Anapen® - Supplied by Arrotex | EpiPen® - Supplied by Viatris |
|--|---|
| The second of th | EpiPen® Junior (150 microgram) EpiPen® (300 microgram) |
| Dose recommended by ASCIA: • Anapen® 500*: Adults or children >50kg (>12 years) | Doses recommended by ASCIA: EpiPen® Junior: Children 7.5-20 kg (~1-5 years) EpiPen®: Adults or children >20kg (>5 years) EpiPen®: Adults or children >50kg (>12 years) |

Abbreviations: (>) means greater than and (~) means approximately

*The dose of adrenaline in Anapen® 500 is consistent with the intramuscular injection (IMI) adrenaline dose recommendations in several publications for people who weigh more than 50kg.

2. It is important to know how to use Anapen® and EpiPen® devices



Anapen® (4 steps) and EpiPen® (3 steps) are both injected into the outer mid-thigh, but have different instructions, which are on the device labels and the <u>ASCIA website</u>. A general version of the <u>ASCIA Action Plan for Anaphylaxis</u> is available that include instructions for both devices.

Device specific plans include this QR code that links to instructions for both brands. Instructions for both devices are included in <u>ASCIA Anaphylaxis e-training courses</u>.

3. Why is it important to have multiple brands of adrenaline devices?

- To ensure continued supply of life saving adrenaline, particularly if one brand has stock shortages.
- To encourage suppliers to provide devices with longer shelf life.
- To provide a choice of dose, if prescribers prefer a higher dose (500 microgram device) for people >50kg, which may reduce the need for further adrenaline doses in older teens and adults >50kg.
- To provide choice for consumers to access devices with points of difference to best suit their needs.

© ASCIA 2025

Content updated February 2025

For more information go to www.allergy.org.au/anaphylaxis

To support allergy and immunology research go to www.allergyimmunology.org.au/donate