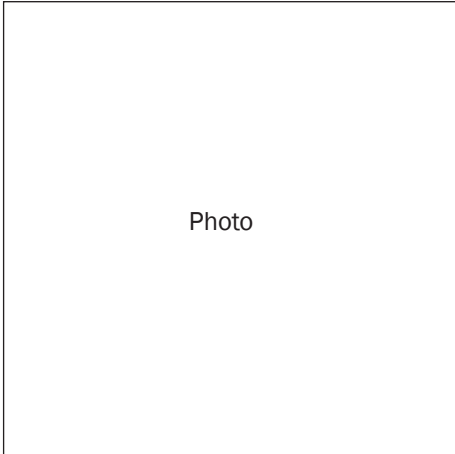


Name: _____

Date of birth: _____



Confirmed triggers:

Family/emergency contact name(s):

Work Ph: _____

Home Ph: _____

Mobile Ph: _____

Plan prepared by:

Dr: _____

Signed: _____

Date: _____

FPIES is a delayed gut allergic reaction, which presents with repetitive, profuse vomiting that may not start for a few hours after a triggering food(s) is eaten. Some individuals with FPIES may develop diarrhoea, lethargy, become pale, floppy and/or feel cold.

Adrenaline autoinjectors and antihistamines do not play a role in the management of FPIES

MILD TO MODERATE SYMPTOMS

- Vomiting
- Diarrhoea

ACTION FOR MILD TO MODERATE SYMPTOMS

- Notify parent/guardians
- Observe for progression

SEVERE SYMPTOMS -

Any one of the following in addition to vomiting

- Pale and floppy
- Cold to touch

ACTION FOR SEVERE SYMPTOMS

- 1 Phone ambulance: 000 (AU) or 111 (NZ)**
- 2 Phone family/emergency contact**

Some individuals with FPIES may also have a food allergy and be at risk of anaphylaxis to other foods. They will have a separate ASCIA Action Plan for Anaphylaxis for this food allergy.

Additional instructions: _____